

Some days  
I wonder if I am  
going crazy...



I keep thinking of all  
my friends and relatives  
who are on the front lines  
helping... and I worry.

## **Conversations About Coping with COVID-19**

**An informal online discussion where the emotional and spiritual challenges of the pandemic can be shared and peer support offered.**

**Wednesdays**

**7:00 – 8:00 PM**

**September 2, 9, 16, 23 & 30**

**October 7, 14, 21 & 28**

**November 4, 11, 18 & 25**

*Conversations will be  
guided by*

*Sister Edna Michel, OSF  
(experienced listener and  
facilitator)*

*A free service of -*

**For more information or to register:  
Ph. 419-443-1485 OR  
[peace@franciscanretreats.org](mailto:peace@franciscanretreats.org)**



**ST. FRANCIS  
Spirituality Center**

**200 St. Francis Ave.  
Tiffin, OH**

**You will receive downloading instructions for  
Zoom and required code for participation**